SHOPPERS DRUG MART
SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 11

Thursday, February 19, 2015

metronews.ca | twitter.com/metrowinnipeg | facebook.com/metrowinnipeg

WINNIPEG metro®

NEWS WORTH SHARING.

MANITOBA INSTITUTE OF TRADES AND TECHNOLOGY

OPEN HOUSE TODAY!

Explore The Work School today from 9:00 am to 8:00 pm at any one of the following locations:

1551 Pembina Highway
7 Fultz Boulevard
130 Henlow Bay

ONLINE: www.MITT.ca
PHONE: 204.989.6500

NDP set to fight C-51

Mulcair says Harper's anti-terror bill is 'dangerous.' PAGE 5

COMING FROM FARCE AND WIDE

Royal Canadian Air Farce alum Jessica Holmes is one of the headliners at this year's Winnipeg Comedy Festival. For a preview of the festival, check out our story on page 4. COURTESY WINNIPEG COMEDY FESTIVAL

Ex-CAO Deepak Joshi resigns

City hall. Mayor gives few answers 'because it's a personnel matter'

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

A month after losing the confidence of the mayor, former acting chief administrative officer Deepak Joshi has resigned.

Mayor Brian Bowman announced Joshi's resignation following an in-camera portion of Wednesday's executive policy committee meeting to deal with "personnel matters."

Bowman was asked after the meeting for further details but said he couldn't provide them.

Asked by Metro if Joshi received a payout package, Bowman said, "Additional details can't be provided because it's a personnel matter. Appreciate you asking the question."

Joshi was suspended from his post on Jan. 16 via a press release that surprised city-hall observers.

At that time, Bowman said it was a loss of confidence that led him to make the "difficult decision" to suspend Joshi.

"I've lost confidence and have exercised my power under the (City of Winnipeg Charter)," he added.

"I'm not going to get into specifics on HR matters, but suffice to say that I've lost confidence in having him serve in the role and had to make a very difficult decision today.

"It was not a decision reached lightly."

Joshi was chief operating officer before he was tapped to become acting CAO when the controversial Phil Sheegl resigned in October of 2013.

Michael Jack, who was COO, is currently the acting CAO.

March date still on

- **Mayor Brian Bowman said the city is on track to have the hiring of a new CAO completed in March.**

0% FINANCING

iDesign® THE MOST ADVANCED DIAGNOSTIC AND TREATMENT PLANNING TOOL FOR LASIK. NEW & ONLY at Image Plus

IMAGE PLUS LASER EYE CENTRE

CALL: 94-FOCUS
imageplus.ca

THIS WEEKEND ONLY!

ESCAPE THE ORDINARY EVENT

SPEND $50 GET

20% OFF

Your purchase of regularly priced items.* Some restrictions apply.

Indigo | Chapters | Coles | indigo.ca

*Valid at Indigo, Chapters, Coles and indigo.ca from February 19-22, 2015 with a minimum purchase of $50, after discounts, plum points redemptions and before taxes, of eligible regular priced in-stock products. Offer excludes SALE items, bestseller books as determined by Indigo Books & Music Inc., electronics & related accessories, LEGO® products, American Girl®products, gift cards, Rosetta Stone® Interactive Learning Software, loyalty memberships, Indigo Love of Reading fundraising products or donations. Online offer also excludes books, kids electronics, video games and consoles, music & DVDs. Not valid in conjunction with any other offer (excluding everyday irewards discount) and cannot be used to adjust amount paid on previous purchases. Not valid on kiosk orders. No cash redemption value and non-refundable. Offer may change or end at any time without notice. Indigo, Chapters and indigo.ca are trademarks of Indigo Books & Music Inc.

Drinking water

Province orders investigation over boil-water advisory

The Manitoba government has ordered an investigation into the susceptibility of Winnipeg's drinking water after a false E. coli result prompted a boil-water advisory last month for the capital's 700,000 residents. City staff say they are confident the water system was not contaminated with bacteria, but the waste and water director says the province has ordered a further assessment.

"It's a vulnerability assessment," Diane Sacher told a city council committee Wednesday. "It's to look at whether our system is vulnerable to possible contamination."

That report is due at the end of April, she said.

The city is also waiting on an independent audit of how water samples are taken and analyzed so as to be sure last month's results were due to a lab or sampling error. A full report on what happened is expected in the next few weeks, Sacher said.

The province has asked the city to look at whether it can better isolate neighbourhoods into zones to avoid blanket advisories that could be unnecessary, Sacher said.

The province has also amended the city's licence so water samples are no longer all collected on the same day but rather spread over a week, she added. It has also requested the city come up with a better plan to notify potentially vulnerable people rather than relying on the media.

THE CANADIAN PRESS

City looking at Know Your Zone phone app

Snow clearing.
Mayor would like to see GPS tracking for better communication

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

A smartphone app, GPS tracking and permanent physical markers are just three of the ways the city's public-works department is considering to help improve the Know Your Zone service.

Brad Sacher, the city's director of public works, mentioned the ideas during Wednesday's executive policy committee meeting, where the snow-clearing review was approved.

Sacher said more than 6,500 tickets were issued for vehicles left in the snow zones, and while he believes compliance is high, more could be done to educate the public.

"There's a lot of reasons why someone may leave their vehicle there, but we don't want it to be because people didn't know or didn't have ready access to the information," said Sacher, adding the current snow clearing is planned around garbage and recycling days.

"There's a lot of technologies out there, as the mayor indicated. The use of an app, for instance, is one of the things we're looking at. Right now, 311 has an app, and through that app you can get to the information, but one of the things we might want to look at is a Know Your Zone app."

As for permanent physical markers, Sacher said they're considering signs that could go up in locations where it changes from a collector to a residential street.

Mayor Brian Bowman said "it's no secret" that he wants to modernize the city's communication tools, including using social media and apps.

During the meeting, he put forward the idea of having plow operators install a GPS app on their own smartphones that the city could perhaps then use to track where machines are in a neighbourhood.

The snow-clearing review now moves on to city council and, if approved there, is expected to be completed by June.

More than 6,500 tickets were recently issued for people parked in snow zones. SHANE GIBSON/METRO

Quoted

"There's a lot of reasons why someone may leave their vehicle there, but we don't want it to be because people didn't know or didn't have ready access to the information."

Brad Sacher, Winnipeg's director of public works, talking about vehicles left in snow zones and what more the city could do to educate the public

ARE YOU LOOKING FOR A JOB?
Metis Employment & Training can help!
Contact your regional MET Office today, and get connected with the training and support you need to achieve your employment goals!
Metis Employment & Training
Winnipeg Office
408 McGregor Street
204-589-4327
www.mmfemployment.ca

Elliott Brood explores its history in most personal album to date

Work and Love.
Toronto alt-country outfit delves into what it means to maintain a youthful outlook

BACKSTAGE PASS
Jared Story
winnipeg@metronews.ca

Elliott Brood has investigated such historical subjects as the First World War and the Mountain Meadows massacre, but on their fourth album, Work and Love, the Toronto alt-country band examined an unexplored history — its own.

Released in October 2014 on Paper Bag Records, Work and Love is Elliott Brood's most personal album to date, with the band's two songwriters, Casey Laforet and Mark Sasso, focusing inward for the first time.

With lyrics about childhood and the challenges of adulthood, the album has been called a "lament for youth," but, if you ask Sasso, it's much more about staying youthful.

"I just had a great friend pass away, but at 97, and he and his wife were the most youthful people I've ever known," said Sasso, adding his friend, "Uncle Hank," was a Second World War pilot.

"You look at people like that and say, 'I want to live like that.' Sometimes you get stuck in your ways and you're happy with certain things, like, 'I want to have dinner at four o'clock,' which grandparents sometimes want to do, but these people weren't like that. They just maintained a youthful outlook."

Toronto alt-country band Elliott Brood plays at Festival du Voyageur on Saturday. CONTRIBUTED

That youthful sentiment can be heard in Work and Love's opening track, Little Ones, with its line: "We should all stay little ones and never be bitter ones." Another youthful song is Each Other's Kids, a tune inspired by Elliott Brood's visit to a Saint John, N.B., bar where during weddings, birthdays and funerals, bartenders and waitresses act almost as daycare workers.

"That's Casey's song. It's actually my favourite on the album," said Sasso, who is also joined in Elliott Brood by Stephen Pitkin.

"It's not the best scenario (kids growing up in a bar), but it happens and it's that sentiment that it takes a town or a community to raise children. That's what I take from it, anyway."

Elliott Brood plays at Festival du Voyageur on Saturday at 10:30 p.m. in the Tente Rivière-Rouge MTS. Festival du Voyageur day passes are $17 (or $30 for the entire festival) and are available at Voyageur Park, Safeway stores, Centre Culturel Franco-Manitobain, the Festival du Voyageur office (233 Provencher Blvd.) and festivalvoyageur.mb.ca.

FOR YOUR HEALTH
ASK THE
Denturist
Will others know I am wearing dentures?
Zelcer's new cosmetic life like denture teeth are manufactured multiple colour-component layers to respond to light just like natural teeth and enamel, giving you the most natural appearance possible. These teeth are available in all sizes, shapes and colours to best suit your individual needs.
Zelcer's life like cosmentic dentures create a natural, youthful and vibrant smile.
So smile with confidence, because only you will know that you are wearing dentures.
Hartley Zelcer
D.D., B.Sc.
DENTURIST
30 Years Experience
Your Complete Denture Care Centre
SAME DAY DENTURES WITH APPOINTMENT
There's a story behind every smile... what's yours?
ZELCER Denture Clinic
www.zelcerdentures.com
FINANCING AVAILBLE
WINNIPEG
1570 Main Street • 204-586-3725
Between Jefferson & Inkster
SELKIRK, MB
315 Main Street
204-482-4235

Winnipeg Comedy Festival offering jam-packed lineup

The Winnipeg Comedy Festival is popping the cork on a vintage bottle of funny.

The festival is marking its 14th year April 6 to 12, with a "Whine and Cheese" theme and a jam-packed lineup that artistic director Al Rae promises will get you drunk on laughter.

"It's a little whine, it's a little cheese, but mostly it's vintage comedy and that's a guarantee, but not the kind where you get your money back," a presumably straight-faced Rae told Metro over the phone last week. "Overall it'll be a fun year; we've got better prices, more shows, a lot of variety, some new programming and some old favourites."

Headliners for this year's Pantages Playhouse galas include Gemini-winner Jeremy Hotz, This Hour Has 22 Minutes funnyman Shaun Majumder, festival favourite Ryan Belleville, Newfoundland comic Jonny Harris of Murdoch Mysteries fame and Royal Canadian Air Farce alum Jessica Holmes.

In all, the festival has just shy of 50 shows planned at venues throughout the city, including new additions like a Mystery Science Theater 3000-inspired look at Canadian TV classics, a LGBTQ-centric set titled "50 Shades of Gay" and a newly rebranded adult show called "WCF After Dark."

This Hour Has 22 Minutes funnyman Shaun Majumder headlines one of the Pantages Playhouse galas at this year's Winnipeg Comedy Festival. COURTESY WINNIPEG COMEDY FESTIVAL

"There will still be provocative material and sexual content, but I felt that we had moved away from the dark and were getting too much into the raunch," said Rae of the changes made to the show previously called Dark and Stormy. "There will still be raunch, but it'll be a classier raunch."

Tickets for the week's shows range from $40 to get into the television-broadcast galas to absolutely free for lunch-hour shows running April 8-10 at the Millennium Library.

SHANE GIBSON/METRO

Quoted

"It's a little whine, it's a little cheese, but mostly it's vintage comedy and that's a guarantee."

Al Rae, artistic director for the Winnipeg Comedy Festival

Online

The festival's full schedule is at winnipegcomedyfestival.com

Weston

Stabbing sends 2 men to hospital

Two men are in hospital after a stabbing in the Weston area early Wednesday.

Emergency crews were called to a home on Gallagher Avenue around 4:45 a.m. for a report of a fight. Once there, officers found two men suffering from stab wounds. The victims were rushed to hospital, one in unstable condition. The condition of the second victim is not known. METRO

Canine Unit

Dogs help police nab 2 car thieves

Dogs in the Winnipeg Police Service's Canine Unit led officers to two separate car thieves Tuesday.

The dogs were first called out after man with a knife tried to steal a taxi around 3:10 a.m. on Toronto Street. The man fled, but the dogs were able to track him down nearby.

The dogs hit the streets again around 2 p.m. after a man in a stolen truck in the West End ditched it and fled on foot on Valour Road. The dogs tracked the man to a nearby home. METRO

Mulcair vows NDP will fight anti-terrorism bill

Politics. Parties debate Harper government's proposed Bill C-51

Tom Mulcair cast his New Democratic Party as more courageous and principled than the Liberals as he came out four-square Wednesday against the Harper government's proposed anti-terrorism bill.

The NDP leader's announcement underscored the degree to which the controversial Bill C-51 has become a political football in an election year.

Prime Minister Stephen Harper has played on popular support for cracking down on extremists following the murder of two Canadian soldiers last fall, portraying opponents of the bill as soft on terrorism.

Hoping to inoculate himself from that charge, Justin Trudeau has said Liberal MPs will support the bill even if they fail to win amendments to ensure parliamentary oversight.

Mulcair labelled Trudeau's stance on the bill "pathetic" and urged the Liberals to reconsider. He likened his party's stand to former leader Tommy Douglas' courageous opposition to the War Measures Act, invoked by Trudeau's father Pierre, the Liberal prime minister during the October 1970 FLQ crisis. Trudeau, however, countered by chiding Mulcair for making "personal attacks" on an issue that should be debated "in a respectful and non-partisan fashion."

Meanwhile, Harper dismissed Mulcair's contention that the bill would allow security services to treat those involved in legitimate protest and dissent as would-be terrorists. THE CANADIAN PRESS

NDP Leader Tom Mulcair SEAN KILPATRICK/THE CANADIAN PRESS

17 Abbotsford police under investigation

MATT KIELTYKA
Metro in Vancouver

British Columbia's Office of the Police Complaint Commissioner is investigating 17 members of the Abbotsford, B.C., police department for alleged misconduct.

The OPCC says that, to date, there have been 148 allegations of misconduct under the province's Police Act against the officers, including corrupt practice, deceit and neglect of duty. The OPCC learned of the allegations as the Vancouver Police Department (VPD) investigated one Abbotsford officer, Const. Christopher Nicholson, for alleged criminal offences in 2013.

Nicholson was arrested and charged in May 2013 for breach of trust, obstruction of justice and conspiracy to traffic a controlled substance.

Abbotsford Police Department (APD) spokesman Const. Ian MacDonald said Nicholson has been suspended without pay pending the outcome of his trial.

"During the review of the VPD investigation, investigators discovered further allegations of misconduct against Const. Nicholson as well as 16 other members of the APD," the OPCC statement says.

The 16 other officers implicated in the investigation remain on duty.

"It's not a good day, but the reality is we have been living with this for two years," said MacDonald, stressing the allegations have yet to be proven.

"I still believe in the integrity of the department," MacDonald said.

The OPCC provides civilian oversight of complaints involving municipal police in B.C.

Military

U.S. ruling may help Omar Khadr

A ruling quashing the U.S. military commission conviction of an Australian man could be a boost to Canada's Omar Khadr, who is fighting to have an appeal of his war-crimes convictions heard, his lawyer said Wednesday.

The U.S. Court of Military Commission Review struck down the March 2007 conviction of David Hicks, reversing what had been one of the American government's few successes in prosecuting prisoners at Guantanamo Bay. Like Hicks, Khadr also waived his rights to appeal when he pleaded guilty before a widely maligned military commission in Guantanamo in October 2010 to five war crimes committed as a 15-year-old in Afghanistan. THE CANADIAN PRESS

Privacy watchdogs

Police urged to consider risks of body cameras

The country's federal and provincial privacy watchdogs are urging police to ponder the privacy risks before equipping officers with body-worn cameras.

The federal privacy commissioner and privacy and personal information protection officials across the country have produced a guidance document. The document says police should consider whether the expected benefits from the use of such cameras outweigh the impact on privacy and personal information. It suggests that police assess the overall risks to privacy and consider using pilot projects before embracing the widespread use of such cameras. THE CANADIAN PRESS

Test Skin Care Products
MEN & WOMEN NEEDED TO TEST SKIN PRODUCTS
ONLY 45 STUDY VISITS

Hill Top Research is seeking healthy men & women to help us test experimental and marketed personal cleansing cosmetic products. Participants who complete the study will receive $600 for their time and travel.

You may qualify if you:

- Are 18 to 65 years of age
- Are in general good health
- Have inner forearms free from tattoos, cuts, scratches, abrasions, uneven skin tone
- Available for the screening visit at the start of the study, plus 2 visits a day for 21 consecutive days and one visit a day for the last 2 days for a total of 45 visits.

Study Appointments available on: March 5th, 2015

Follow Hill Top Research Winnipeg

Call Today
204-480-7426
studiesWPG@hill-top.com

HILL TOP RESEARCH

Ukraine rail hub falls

Debaltseve. Giving up the town could remove the major impediment to a lasting ceasefire

Government soldiers pulled out of a ferociously contested railway hub in eastern Ukraine on Wednesday, ending a siege so intense that retreating troops said they couldn't get water or food amid relentless shelling by Russian-backed separatists. At least six soldiers were killed in the withdrawal and more than 100 wounded.

President Petro Poroshenko sought to cast the fall of Debaltseve in a positive light, saying the pullback was carried out "in a planned and organized manner," despite assertions by exhausted and dirt-caked soldiers, some of whom made their way out on foot, that their forces suffered heavy losses.

The retreat appeared to be an acceptance by the Ukrainian leader of a humiliating defeat in exchange for a chance at pushing a shaky truce agreement forward and securing the pullback of heavy weapons.

The loss of Debaltseve was a setback for the army. The town is a strategic railroad junction on the most direct route between the separatist east's two major cities, Donetsk and Luhansk. By taking control, rebels gain transportation connections to boost their regions' capacity to function as a unified entity.

Its importance kept the battle raging even after a ceasefire went into effect Sunday and appeared to be mostly holding elsewhere after fighting that has killed more than 5,600 people since April.

Relinquishing the town could remove the major impediment to a lasting ceasefire and begin the next step that was agreed to in a peace deal last week — the pullback of heavy weapons by both sides to create a buffer zone at least 50 kilometres wide.

THE ASSOCIATED PRESS

While U.S. debates vaccines, Pakistan seeks to wipe out polio

A health worker gives the polio vaccine to a child at a bus terminal in Rawalpindi, Pakistan, on Monday. While vaccine distrust has sparked debates amid a measles outbreak in the United States, Pakistan is in a deadly battle to wipe out polio. Long eradicated in the West, polio remains endemic in Pakistan after the Taliban banned vaccinations, a problem compounded by targeted attacks on medical staffers and suspicions that linger about the inoculations.

B.K. BANGASH/THE ASSOCIATED PRESS

United States

Terrorists tainted Islam: Obama

Muslims in the U.S. and around the world have a responsibility to fight a misconception that terrorist groups like ISIL speak for them, President Barack Obama said Wednesday in his most direct remarks yet about any link between Islam and terrorism.

For weeks, the White House has sidestepped the question of whether deadly terror attacks in Paris and other Western cities amount to "Islamic extremism," wary of offending a major world religion or lending credibility to the "war on terror" that his predecessor waged. But as he hosted a White House summit on countering violent extremism, Obama said some in Muslim communities have bought into the notion that Islam is incompatible with tolerance and modern life.

"We are not at war with Islam," Obama said. "We are at war with people who have perverted Islam."

THE ASSOCIATED PRESS

Canada's favourite dishwasher. Now part of Canada's favourite kitchen.

BOSCH
Invented for life

Meet the kitchen designed from the dishwasher out. Featuring the same German engineering and legendary quiet performance, the Bosch kitchen brings elegant, European design and beautiful, seamless true flush installation into the heart of your home. From ovens that can be aligned horizontally to revolutionary FlexInduction™ cooktops to sleek yet powerful laundry solutions, you'll agree there's **Nothing like a Bosch**.

*Rebate amount will vary depending on the number of qualifying Bosch Appliance products purchased, up to a maximum of $2000. Offer is not valid in conjunction with any other Bosch offers. Valid at participating authorized dealers only. See dealer for details. Rebate is applied at time of purchase. Prices shown include any applicable rebates. Not all models available at all Retailers. **Offer valid January 22nd through March 13th, 2015.** © 2015 BSH Home Appliances. © 2015 BSH Canada. All trademarks are property of their respective owners. 15BCAN004-24-120347-11

www.bosch-home.ca

Coast Wholesale Appliances
1421 St. James St, Winnipeg

Midland Appliance
1797 Portage Ave., Winnipeg
473 St. Mary's Rd., Winnipeg

Sarah Lazar, a freelance graphic designer, is seen in her rented office space in Montreal on Feb. 9. Lazar uses the App for her design firm, Cow Goes Moo.
RYAN REMIORZ/THE CANADIAN PRESS

App helps people find office space

Business. Already running in Ottawa and Montreal, Breather will launch soon in Toronto

Sarah Lazar, a self-employed graphic designer, can't afford to rent a work space on a permanent basis. But the 26-year-old Montreal resident needs somewhere to meet regularly with clients; her last attempt at holding a business meeting in a coffee shop proved frustrating.

Breather, a mobile app that allows users to rent private work space by the hour, hopes to capitalize on the steady movement of people into the ranks of the self-employed and those working at home.

The service is available in Montreal, Ottawa, San Francisco and New York and will soon be launching in Toronto. So far, the site has about 50 locations and expects to have 200 spaces listed by July.

While the concept has started to gain steam in the U.S., Breather is one of the only apps to rent professional work space by the hour in Canada.

With Breather, users can rent a small work space, for rates ranging from $15 to $40 per hour depending on the city, the space and the time of day. The office spaces are furnished and equipped with Wi-Fi.

A temporary code to unlock the office door is sent to the user's phone, about 15 minutes before the reservation time.

"I think of the phone as the key for everything," says Julien Smith, one of the company's two co-founders. "Some people call it the remote control for your life."

However, it remains to be seen how sustainable the concept will be over the long term, and finding vacant space in red-hot real estate markets has been a challenge.

"At the very beginning, it was very hard to get space," says Smith. "Now it's turning around. People are offering us a lot of space and we're able to be really selective about what we accept." THE CANADIAN PRESS

Quoted

"At the very beginning it was very hard to get space. Now it's turning around."

Julien Smith, co-founder of Breather

Retirement

60% in Canada expect to work past 65: Poll

A new poll has found there are more Canadians who expect to be working past age 65 than those who expect to be retired. The annual Sun Life poll showed 60 per cent of respondents anticipated they would be working either full- or part-time when they reach 65.

Sun Life Financial says it's the first time in seven years that the number of Canadians polled who expect to still be working full-time past the normal retirement age (32 per cent) has surpassed the number of those who expect to be retired (27 per cent).

The poll was conducted online by Ipsos Reid, sampling 3,000 working Canadians between 30 to 65 years old from Dec. 5 to 22. THE CANADIAN PRESS

Market Minute

DOLLAR
80.53¢
(-0.28¢)

TSX
15,212.75 (-71.86)

OIL
$52.14 US (-$1.39)

GOLD
$1,200.20 US (-$8.40)

Natural gas: $2.831 (+0.07¢)
Dow Jones: 18,029.85 (-17.73)

VOICES

SEXING UP THE ELECTRIC CAR

Electric cars need to hit the sweet spot of affordability and attractiveness, and Apple has the know-how to do that, as it has proven with the iPod

STEPHANIE ORFORD
readers@metronews.ca

MP3 players weren't much to look at in 2001. Ugly and rarely intuitive, they didn't make a style statement and few people used them. Then came the iPod. The ads alone were enticing — the black silhouettes holding white iPods and earbuds, jamming in bus shelters, subway platforms and along major thoroughfares around the world. By making the iPod beautiful and usable, Apple's now-iconic designer Jonathan Ive made digital music players a thing.

That's what needs to happen to the electric car.

According to news in the Wall Street Journal, Business Insider and other publications this past week, Apple has undertaken a major project to develop one and is apparently recruiting auto-industry professionals in hordes. Images have been circulating online of test vehicles kitted out with sensors and cameras.

Although electric cars have been slow to be adopted in Canada, sales have been steadily increasing over the past year — but nowhere near the levels they need to be if Canada wants to cut its greenhouse-gas emissions significantly. An Apple electric car could be the tipping point we're looking for, the product that would make environmentally friendly vehicles cool.

People need to see how a new technology will benefit them before they adopt it. The largest group of people who bought electric cars in 2013 were 45-to-54-year-olds, according to recent research by Green Car Reports. But now that electric-car prices are falling, millennials are starting to be able to afford them — and their tastes matter, too. For millennials, form, function and environmental sustainability are equally important.

An Apple electric car could be just the tipping point needed to make fossil-fuel-burning vehicles obsolete. ISTOCK

Electric cars have environmental sustainability in the bag but, unfortunately, there's not an electric car today that quite hits the sweet spot of affordability and attractiveness. The one great-looking electric car, the luxury Tesla Model S, has a base price that's higher than the down payment on your average condo.

The relatively affordable electric cars currently available are odd-looking and don't have mass appeal. The frog-eyed Nissan LEAF and the giant dust buster Mitsubishi i-MiEV might work as niche-market products, like Smart Cars do. But will they get a generation buying electric? No.

Car buyers are looking for design that's a step ahead, not a light-year. Studies have shown that radically new and different products turn off consumers — RIP Crystal Pepsi and good luck to you, Google Glass. People tend to prefer new products that are easy to adopt and have design elements that are familiar. They don't like too much change too fast.

Beautiful and usable

By making the iPod beautiful and usable, Apple's now iconic designer Jonathan Ive made digital music players a thing. That's what needs to happen to the electric car.

The electric-vehicle industry needs a game-changer. An accessible, desirable product that will get everyone wanting to buy a whole new class of thing they never wanted before.

In 2001, your Discman seemed just fine next to the MP3 players of the day, but when you compared it to the iPod, you suddenly saw it as a relic of a bygone era.

There needs to be an electric car just as magnetic to make fossil-fuel-burning vehicles obsolete.

Stephanie Orford is a writer based in Vancouver.

Women face double standard in justice system

STEPHANIE TAYLOR
Metro in Halifax

Two people in Halifax are accused of plotting to commit the same gruesome crime. Their guilt has yet to be determined by the justice system but, in the court of public opinion, judgment has already been cast on the suspects. One is being described as immoral and reprehensible. The other simply as a loner. The only difference between the two is that one is a woman and one is a man.

This is not an uncommon scenario, according to Kim Pate, executive director of the Canadian Association of Elizabeth Fry Societies, which advocates for women in the justice system.

"The expectation is that women are not supposed to be violent," she said. "If a woman commits a violent act, she is often seen as more morally blameworthy than a man would be in the same situation."

This perception, says Pate, is rooted in the way girls are socialized to be nurturers.

That may be a possible explanation for why readers are calling 23-year-old Lindsay Kanittha Souvannarath a "disgusting pig" who looks like "a $5 hooker," while her 20-year-old co-accused, Randall Steven Shepherd, is simply cast as deranged loner for allegedly plotting to shoot up a Halifax mall on Valentine's Day.

The reality is that most people expect criminals to be men, and when that's not the case, we're often thrown a bit off, said Catherine Latimer, from the John Howard Society of Canada.

"When you think in your own mind and visualize who's likely to be a terrorist or a criminal, you tend to think male," Latimer said.

That stereotype is based in some fact, according to a 2011 Statistics Canada report that found women mainly enter the criminal-justice system as victims, not perpetrators.

Using data from 2009, the report approximates that 233,000 females (both youth and adult) committed a Criminal Code offence, compared to more than 700,000 men.

Lindsay Kanittha Souvannarath

Randall Steven Shepherd

Welfare fraud, shoplifting, drug and solicitation charges — what Latimer calls "survival-based crimes" — are those most commonly committed by women, especially among those who are disenfranchised. Murder, meanwhile, continues to be a predominantly male crime.

As a reporter, I can attest that when a woman is a suspect of violent crime it warrants a higher level of newsworthiness than a man, simply for the public interest. Think of the responses to Victoria Henneberry — the woman charged with the first-degree murder of Loretta Saunders — who was met with venomous personal attacks compared to those against her boyfriend, Blake Legette, whose criminality seemed expected.

That double standard can play a destructive role to women in the justice system, warns Pate. Female offenders are often subject to harsher treatment throughout the judicial process — from police officers, Crown prosecutors, correctional officers, judges and even their own defence attorneys. Statistically, women are also handed longer sentences than men convicted of the same crime.

So what does this mean for the 23-year-old American woman accused of boarding a plane to carry out a mass shooting in Halifax?

That justice may be blind, but let's hope it's not sexist.

Stephanie Taylor is a Metro reporter based in Halifax.

metro
Star Media Group President John Cruickshank • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Vice-President & Editor-in-Chief, Metro English Canada** Cathrin Bradbury • **National Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Winnipeg** Elisha Dacey • **Managing Editor, Features** Amber Shortt • **Managing Editor, Canada, World, Business** Matt LaForge • **Managing Editor, Life & Entertainment** Dean Lisk • **Distribution Manager:** Rod Chivers • **Vice President, Content & Sales Solutions** Tracy Day • **Vice-President, Sales** Carolyn Sadler • **Vice-President, Finance** Phil Jameson **METRO WINNIPEG** 161 Portage Ave E Suite 200 Winnipeg MB R3B 2L6 • **Telephone:** 204-943-9300 • **Fax:** 888-846-0894 • **Advertising:** 204-943-9300 • adinfowinnipeg@metronews.ca • **Distribution:** winnipeg_distribution@metronews.ca • **News tips:** winnipeg@metronews.ca • **Letters to the Editor:** winnipegletters@metronews.ca

For the kids

Pharrell Williams GETTY IMAGES

Pharrell wants to make kids Happy with new book

Pharrell Williams has a Happy book deal.

The Grammy Award-winning performer has an agreement with Putnam Books for Young Readers for four picture books, starting with one inspired by his hit song. Putnam announced Tuesday that the book, Happy, will be published Sept. 22 and will feature photographs of children from around the world "celebrating what it means to be happy."

THE ASSOCIATED PRESS

New Dr. Seuss tale to be released

More than 20 years after his death, there is still plenty of news about Dr. Seuss.

Random House Children's Books said Wednesday it will publish a recently discovered manuscript with illustrations called What Pet Should I Get, on July 28. The publisher plans at least two more books, based on materials found in 2013 in the author's home in La Jolla, California, by his widow and secretary.

The author, whose real name was Theodor Geisel, died in 1991.

THE ASSOCIATED PRESS

His pretty little pictures now published in a book

Photography. Actor Keegan Allen looks at life behind the lens with his new work

Keegan Allen spends much of his life on camera on the ABC Family series Pretty Little Liars, but he spends his free time behind the lens, taking photos.

His love of photography was born at age 10, when his father (the late actor Phillip R. Allen) let him borrow a Leica M6, a range finder camera. "I was very introverted and that was my way of sharing my life with people ... I wanted people to relate to the images that impacted me," Allen, 25, says.

His new photography book, life.love.beauty, was recently published by St. Martin's Press.

Here Allen talks about photography and the identity of the mysterious character known as "A" on Pretty Little Liars.

Film vs. digital

I feel like something has been lost with digital (photography). There was something about shooting film that was romantic with time spent waiting to see what the image was. It was a lot more thoughtful. There was a process to it.

He's still learning

I don't consider myself in any way, shape or form a professional photographer. It's a hobby that I love and I'll continue to do it for the rest of my life and try to get as happy with the result as possible.

Allen on selfies

"I don't have a problem with selfies. I don't think anybody should have a problem with new things. ... It's just another form of expression and every form should be celebrated."

Lighting Matters

It's all about practice and understanding light. Lighting is 90 per cent of photography. If you don't have light, you don't have photography. Also, I think it's important when I see people clicking away if you want a photo that speaks to others, have it speak to you. Make sure you know why you're keeping a photo or an image. It will change the way you look at the world.

He knows the identity of killer 'A' on Pretty Little Liars

It's shocking, it's stunning, it's exhilarating, it's tremendous ... If you really go back to Season 1 and watch it all the way ... and you really pay attention, you will know and understand who it is from the clues that they place there ... It's a really amazing fable of four girls being traumatized by this character and (it's) pretty heartbreaking and gut-wrenching when you really find out.

THE ASSOCIATED PRESS

Keegan Allen has been taking pictures since he was 10 years old.
THE ASSOCIATED PRESS

* jobbank.gc.ca

BECOME A **DENTAL ASSISTANT** IN LESS THAN A YEAR!

Did you know that dental assistants in Manitoba make a median wage of **$20/hr***?

CDI College's **Intra Oral Dental Assistant program** includes hands-on training and clinical placements so you can get the skills you need to become an oral healthcare professional.

Other programs include:
- Accounting & Payroll Administrator
- Addictions & Community Services Worker
- Graphic Design
- Health Care Aide
- Medical Office Assistant
- Network & Internet Security Specialist
- And More!

Financial assistance may be available to qualified applicants.

1 800 360 7186 study.cdicollege.ca
Call and make an appointment at our Winnipeg campus today!

CDI college

2014/15 SEASON

Swan Lake

MAR 04-08 / 2015

Centennial Concert Hall

Choreography Marius Petipa and Lev Ivanov
with the Winnipeg Symphony Orchestra

Performance Sponsor QUALICO | Media Sponsors CBC 89.3 The Point, Winnipeg, Global Winnipeg, 103.1, CTV, Winnipeg Free Press

No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com

You could WIN

4 tickets

& $100 of RWB merch!
(Total prize value $500+)

CANADA'S ROYAL WINNIPEG BALLET
RWB

Mar 04-08

Visit clubmetro.com to enter

VISIT clubmetro.com TO ENTER

rwb.org

Awkward Black Girl jumps to new mediums with grace

Memoir. Issa Rae, the force behind a massively successful web series, has an HBO deal and a new book on her teen years

EMILY LAURENCE
Metro in New York City

Twenty-six-year-old Issa Rae first found her voice with her Awkward Black Girl web series, which has hundreds of thousands of YouTube subscribers. Since then, she's launched her own initiative called Color Creative, producing pilots for women and minority writers, has a talk show on the Aspire network and is producing an HBO show with Larry Wilmore called Insecure. She's also written a collection of essays about being a teen, The Misadventures of Awkward Black Girl.

You have no shortage of projects. Why a book?

I've always wanted to write a book, ever since I was a little girl. (Originally), I set out to write a fiction book, but I was having a conversation with my editor and she was like, "Why don't you just write it about yourself? You're an awkward person, so what experiences made you awkward?"

How do you get to a mindset where you're unafraid to put it all out there?

Initially, it felt like writing in a journal, like it was just for me.

It wasn't until I turned it in and my editor gave me the manuscript that I was like, "Oh s—, people are going to read this!"

Who was the first person you let read it?

My younger sister was the first person to read it in its entirety. I sent it to her being like, "I'm having anxiety issues about all that I revealed. Can you please read it and let me know if it's too TMI?" So she read it and was like, "You should let dad read it."

Uh-oh.

Right. But I did and it forced us to talk about some things that I never had talked to him about before. He was completely supportive. He told me, "You come from the social media generation where you guys put it all out there and you signed up to write this book." That said, he also told me my family did not sign up for it and I should be mindful of that. So I did go back and censor it a bit.

Issa Rae

Fresh RADIO 99.1

MODERN MUSIC

991freshradio.ca

Gossip

NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES

Rick Salomon and Pamela Anderson ALL PHOTOS GETTY IMAGES

Pam's divorce is tough on the Rottweiler

It's barely been a week since Pamela Anderson filed for divorce from husband Rick Salomon, and already tensions are escalating. The former Baywatch star is reportedly ordering him to remove his two daughters, ages 16 and 18, from her Malibu home immediately. She also wants his Rottweiler, Bumblebee, removed from the premises — so you know she means business. Salomon, who is currently working in Las Vegas, reportedly "begged Pam to give him a week or two until they could find a new place," but Anderson isn't budging. This is the second time Anderson has filed to end her marriage to Salomon, and they were also briefly married in 2007 before Anderson had it annulled. Maybe this time it will stick? I just hope Bumblebee's OK.

Anti-vaxxers don't get to hold Kristen's baby

The backlash against parents opposed to vaccinating their kids has a new celebrity face: House of Lies and Veronica Mars star Kristen Bell, who has two infant daughters at home. "When Lincoln was born (two years ago), the whooping cough epidemic was growing, and before she was two months old, we simply said, 'You have to get a whooping cough vaccination if you are going to hold our baby,'" Bell tells the Hollywood Reporter. And she and husband Dax Shepard aren't loosening those precautions a bit with newborn Delta. "It's a very simple logic," she explains. "I believe in trusting doctors, not know-it-alls."

Kristen Bell

Buffy star busted again

You may recall Nicholas Brendon played Xander, circa early 2000s. He looks grown-up now, but the actor's allegedly been acting like a rowdy teen.

Oh, Xander. Oh, no. Former Buffy the Vampire Slayer star Nicholas Brendon has had his second run-in with the law in less than six months after being arrested in Ft.. Lauderdale, Fla. for grand theft and criminal mischief, according to TMZ. Brendon, who was in town to attend the Shock Pop Comicon fan event, allegedly trashed his hotel room and skipped out on the bill, leaving behind a $380 food and beverage tab plus $450 in damages. "While attending Shock Pop Comicon in Ft. Lauderdale, Florida, Nicholas was placed into a deplorable situation involving his professional arrangements and chose to react in an adverse manner. This reaction led to his arrest on Monday," a rep for the actor tells E! News.

Tom's got a thing for aliens

Tom DeLonge

When he's not fighting with his Blink-182 bandmates, Tom DeLonge is busy searching for proof of extra-terrestrial life. And, he insists in an interview with Paper, he's found it. "If anybody tells you there's no life in the universe, you should be turned off. That's just such a dumb thing to say," he tells the magazine. "It's totally, universally accepted amongst the country's elite scientific establishments that there's life everywhere. The question is what kind, where, how'd they get here, what are they doing when they get here, and how do we communicate with them?"

Perry almost wasn't a Friend

Matthew Perry

Can you imagine Friends with someone other than Matthew Perry playing Chandler Bing? Well, it nearly happened, all because Perry's horrible business manager at the time told him he had no money and needed a gig badly. And before the script for Friends came along, he'd already signed up to star in a sitcom pilot called LAX 2194, about "baggage handlers at the L.A. airport in the year 2194," he recently revealed to Seth Meyers.

THE REWARDS YOU WANT
20x faster
SATURDAY, FEBRUARY 21
20x THE SHOPPERS OPTIMUM POINTS®
WHEN YOU SPEND $50 OR MORE ON ALMOST ANYTHING IN THE STORE.*

FREE feels good
SHOPPERS DRUG MART

*Points are issued according to the net pre-tax purchase total of eligible products after redemptions and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, RBC® Shoppers Optimum® MasterCard® points and points associated with RBC® Shoppers Optimum Banking Account, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, transit tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cashier for details. ® 911979 Alberta Ltd.

TOP LOOKS FROM NEW YORK

Fashion Week is about to wrap in New York City where frigid weather failed to stop a parade of bright colours, furs and sequins. Here are four must-have looks inspired '70s palettes, feminine silhouettes and new-age glam.

THE ASSOCIATED PRESS/METRO

Grace Kelly meets Chaka Khan

Zac Posen said he was looking to mix and match his muses for fall. He worked in stretch jersey, included more day looks and ran with a '70s vibe, like this bright orange top paired with a long loose skirt of a similar shade. "We wanted more fluidity on the runway. I was feeling the glamour of Grace Kelly meets the spice of Chaka Khan. I draped most of the collection myself, on weekends. In my quiet moments," the affable designer said.

Inspired by nature

The Mulleavey sisters of Rodarte turned to migrating birds for inspiration. "It just felt ... natural," Laura Mulleavy said. "We weren't thinking of anywhere specific, just birds migrating from one place to another. Maybe leaving the city and going to a place that's more pastoral."

Elaborately sequined, beaded, feathered dresses like this one — are those birds, too?

"It all was, in a weird way," Laura Mulleavy said. "We wanted to use things like sequins and tons of embroidery and feathers and then we were just feeling bolder colours to contrast with the things that were more neutral in the beginning."

Pretty in pastels

Yellow, a prominent colour in J Crew's winter collection, is anything but mellow here. Jenna Lyons, the label's creative director, said she wanted to add "sparkle" to the line, which on the clothes manifested itself in the form of sequins, furs and oversized tailoring.

Gold rush

Georgine Ratelband wants to blur the line between casual and formal; classic and modern. The Milan-trained but New York City-based designer achieves her goal with this look in Georgine's fall 2015 collection that includes a shimmery jacket with a vintage-y textured trim, paired here with a flowy orange

Be Career Ready in 1 Year or Less.
Programs in Health Care,
Business & IT are starting soon!

Call **204.926.8389** or visit **robertsoncollege.com** to get started!

ROBERTSON COLLEGE

When you're sick, getting enough rest is key to recovering quickly.

If coughing is keeping you up all night, reach for something hot and soothing. SHUTTERSTOCK IMAGES

A good night's sleep when you're sick

Bedtime. Steps to take to clear your sinuses

JACQUELINE KOVACS
For Metro

We all know that sleep is vital to health, but did you know it's doubly important to get that shut-eye when you're sick?

"Rest is your body's opportunity to recuperate," said Dr. Lisa Graves, chief of the department of family and community medicine for Toronto's St. Michael's Hospital.

Problem is, if you're coughing and sniffling, sleep can be as elusive as a Leafs' winning streak. But the good news is there are some simple strategies to quiet your cough and stifle your sniffles. And it's as easy as one, two, three.

Loosen up

Drink something warm and soothing — chamomile tea with honey, for instance, will make you sleepy, help quiet your cough and, because it's a hot liquid, it can help loosen that mucus buildup in your upper respiratory tract. Real chicken soup is another great choice: Researchers at Mount Sinai Medical Center tested the effectiveness of chicken soup on 15 people with colds and it proved more effective than hot water in helping to clear out sinuses. What you want to avoid are any cold drinks around bedtime — that same study found sipping something chilly can increase congestion.

Direct relief

Looking for an effective, drug-free way to clear your nasal congestion? Rinse your nose with saline. Delivered via a spray bottle or a neti pot, a nasal saline rinse will safely wash the mucus from your nose, giving you relief from all that stuffiness.

Warm up

Before you go to bed, take a hot shower or bath. The warmth and humidity prompts your sinuses to drain and triggers the lining in your nasal passages to contract.

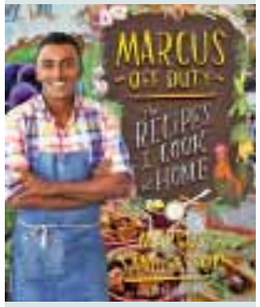
Prop up

When it comes to keeping those sinuses drained, gravity is your friend. Try placing a few books under your mattress at the head of your bed, rather than propping your head up with extra pillows, which may injure your neck. Then, stick on a nose strip — it's a safe, easy way to literally open up your nose, allowing you greater breathing space.

FEEL LIKE A COMPLETE MESS?
THERE'S A COMPLETE SOLUTION.
INTRODUCING
VICKS DayQuil™ & NyQuil™
COMPLETE™
DayQuil COMPLETE
NyQuil COMPLETE
ALL IN ONE RELIEF FOR YOUR
TOUGHEST COLD & FLU SYMPTOMS
*To ensure this product is right for you always read and follow the label. Keep all medicines out of the reach of children. Vicks® DayQuil™ COMPLETE™ relieves nasal congestion, nasal pain, sinus congestion, sinus pain, chest congestion, cough due to minor throat & bronchial irritation, sore throat pain, headache, minor aches & pains, fever, thins & loosens mucus and relieves cough with phlegm. Vicks® NyQuil™ COMPLETE™ relieves nasal congestion, sinus congestion, sinus pressure, cough due to cold, minor aches & pains, headache, fever, sore throat pain, runny nose, and sneezing.
© Procter & Gamble, Inc. 2015.
PHC-13942

Cookbook of the Week

Global flavours from a celeb chef



What does celebrity chef Marcus Samuelsson eat at home in Harlem, N.Y.C? Marcus Off Duty answers that question as the youngest chef ever to receive three stars from the New York Times shares the dishes he serves his loved ones. The recipes blend an array of flavours from his Ethiopian, Swedish, Mexican, Caribbean, Italian and Southern American travels.

The glimpse into how one of the world's top chefs cooks in his home kitchen includes recipes for Sweet Potato Gnocchi, Banh Mi Sandwich, Lamb Lasanga, Shredded Turkey Chili, Soha Chicken with Jollof Rice, and Sweet and Salty Mud Pie. METRO

For your phone

Deep Dish Montreal (iPad/iPhone; free)

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

Lobster sausages? Veal waffles? Baked potato meringue? This beautifully presented recipe book will challenge your sense of culinary adventure with creative meals and desserts from six of Montreal's top chefs.

Togetherness and joy in a simple meal

Chinese New Year. Say, 'Gung Hei Fatt Choi!' with Poached Chicken with Ginger-Scallion Sauce

"One of my favorite things to do is to visit Chinatown during Chinese New Year," writes award-winning chef Marcus Samuelsson in his book Marcus Off Duty.

"The meals during this holiday are symbolic, with dishes designed to bring good luck and prosperity for the coming year.

"But you don't need to be super-educated about the traditions to enjoy them. This whole poached chicken symbolizes joy and togetherness of family."

Ingredients

- 1 (3 1/2-lb) chicken
- 1 red chile
- 2 garlic cloves, thinly sliced
- 3 tbsp sesame oil
- 6 tbsp peanut oil
- 3 scallions, cut into thin strips
- 1 (3-inch) piece ginger, peeled and minced
- 2 tbsp light soy sauce
- 1 tbsp dry sherry
- 2 tsp brown sugar
- 1 lemongrass stalk, pounded

Garnish

- 2 scallions, thinly sliced on the bias
- 1 cucumber, peeled, halved, seeded, and cut on the bias
- Fresh cilantro leaves
- 1 tsp sesame seeds

1. Put the chicken in a large stockpot and add just enough water to cover. Add the red chile and garlic. Bring to a boil, reduce the heat, and simmer for 20 minutes. Turn off the heat and let the chicken sit until the broth is lukewarm. Transfer the chicken to a carving board (reserve the broth for another use). Pat the chicken dry with paper towels and rub it lightly all over with the sesame oil. Cut the chicken into 8 serving pieces, arrange on a serving platter, and keep warm.

2. Heat the peanut oil in a small saucepan over high heat. When it shimmers, add the scallion strips. Sauté for 30 seconds, stirring constantly. Remove with a slotted spoon, drain on paper towels, and set aside for the garnish. Add the ginger to the pan and sauté for 30 seconds. Add the soy sauce, sherry, brown sugar, and lemongrass and bring to a boil. Remove the sauce from the heat and discard the lemongrass.

This recipe serves four. PAUL BRISSMAN

3. Garnish: Scatter the sliced scallions, cucumber, cilantro, and sesame seeds around the chicken. Top with the fried scallions and drizzle the sauce over all. Serve warm. RECIPES EXCERPTED FROM MARCUS OFF DUTY: THE RECIPES I COOK AT HOME 2014 BY MARCUS SAMUELSSON. REPRODUCED BY PERMISSION OF HOUGHTON MIFFLIN HARCOURT. ALL RIGHTS RESERVED.

Contrasting flavours and textures shine in salad

"My mother made a simple cousin of this salad: thinly sliced carrots dressed with orange juice," writes Marcus Samuelsson in his book Marcus Off Duty: The Recipes I Cook at Home.

"In Sicily, this classic salad would be a pure but simple combination of fennel, orange, and black olives.

"I omit the olives, and add pecans for a great crunch, and I season the dressing with paprika and fennel seed to heighten the flavour.

"If they're in season, add some pomegranate seeds; their tart flavour complements the fennel perfectly and they're packed with healthy antioxidants.

"Look for different winter oranges, too. Cara Cara, maybe, or blood oranges — which are a very Sicilian ingredient — are beautiful in the salad."

Ingredients

- 2 fennel bulbs, cored and thinly sliced
- 2 garlic cloves, thinly sliced
- Segments and juice of 2 oranges
- 3 tbsp olive oil
- 2 tsp balsamic vinegar
- 1/2 tsp garlic powder
- 1/2 tsp paprika
- 1/2 tsp ground fennel seed
- 1/2 cup chopped pecans
- 1 bunch frisée, chopped

1. Put the fennel bulbs, garlic cloves, orange segments and juice, olive oil, vinegar, garlic powder, paprika, fennel seed, and pecans in a salad bowl. Toss well. Add the frisée and toss again.

This Orange-Fennel Salad recipe serves eight. PAUL BRISSMAN

Dine-Out Winnipeg

Who likes to cook at home every single night? Very few! Make the most of Winnipeg's world famous culinary scene and treat yourself to one of our fine local establishments below. Bon Appétit!

EAST INDIAN CUISINE

Copper Chimney
Fully Licenced East Indian Cuisine

OPEN 7 DAYS A WEEK:
Monday – Friday: 11 am – 10 pm
Sat & Sun: 12 noon – 10pm

- Lunch Buffet 11am - 2pm $10 incl tax
- Happy Hour 5 - 8 pm
- ENJOY A FREE GLASS OF WINE WITH BUFFET DINNER
- All domestic beer $3.99

1070 St. Mary's Rd • 204-691-5777
www.copperchimneywinnipeg.ca

JAPANESE CUISINE

LUNCH: Monday - Friday: 11:30am-2pm
DINNER: Mon. - Thurs.: 5pm-9:30pm Fri. & Sat.: 4:30pm-11pm Sunday: 4pm-9pm

BLUFISH
179 Bannatyne Avenue
(204) 779-9888

Mention this ad for 20% OFF
20% OFF
EVERY Sunday until March 29th!
INCLUDES ALL FOOD AND ALCOHOL!

CHINESE CUISINE

UNFORGETTABLE FUN IN HEADINGLEY!
THE HEADINGLEY HOTEL
Golden Spoon Restaurant

Chinese Lunch Combo $7.95
incl. consommé soup
Cheese Burger & Fries $6.50

Dine in or Take Out
204-832-6585
Hours: Mon – Sat 11am - 2pm • Sun 4pm - 8pm

FRIDAY NIGHTS EROTIC BINGO IS BACK

The only place to watch your favourite teams on GIANT and XL screens! Looking for something to take home and enjoy? We are the only vendor in Headingley!
Golden Spoon Restaurant - Dine in or Take out Chinese or Canadian dishes

204.888.8865 • www.headingleyhotel.com

SUSHI

Mon-Fri: 11 am - 10 pm • Sat & Holidays: 12 noon - 10pm

WAKO SUSHI CAFE
ANY 5 REGULAR ROLLS $19.99
FREE DELIVERY MON. – THURS. OVER $40 ORDER - WITHIN 3KMS

PARTY TRAY
S (6 Rolls): $22.99
M (8 Rolls): $29.99
L (12 Rolls): $49.99
XL (17 Rolls): $69.99

$2.99 SPECIAL
BAKUDAN
CALIFORNIA
DYNAMITE
And Many More...

204-339-7777
#1-875 CORYDON AVE.

SEAFOOD

JOEY'S SEAFOOD & GRILL

YOU TRIED THE REST, NOW TRY THE BEST FISH & CHIPS IN WINNIPEG
Buy 2 Piece Fish & Chips and a Coke Beverage for $9 Dollars!
Not to be combined with any other offers, lunch only.
Grant & Pembina Location Only • Expires: February 28, 2015

metro
Your Ad Here!
FOR JUST $100 PER WEEK
CALL 204.943.9300
FOR MORE INFORMATION

Your opinion makes us BETTER.

Join the Metro News Online Reader Panel and provide feedback on recent stories, ads, new features and more.

• Answer short, online surveys • Tell us how we're doing • Every completed survey gives you a chance to win a $25 gift card

Sign up at www.Metronews.ca/panel

metro

Books stack up quite nicely as decor

Turn over a new leaf.
Use books as decoration, art or even as furniture

Some people love the look of a bookshelf stuffed with books, and what that represents. Others see books as clutter, and wonder why anyone owns them in the digital era.

But the "well-chosen book," or an artfully displayed stack of books, "can be as powerful as any other design element," said Pablo Solomon, an artist and designer from Lampasas, Texas, near Austin. Books not only create a mood, they make a personal statement, he added.

And even when books are used primarily for esthetic effect rather than to show off a collection, the very act of displaying them celebrates them, according to Meredith Wing.

"Repurposing books honours them," said Wing, a third-year architecture student at Columbia University who has her own company, Meredith Wing Design.

Because many readers consume literature digitally these days, physical books also evoke nostalgia — not unlike displays of other authentic objects that originated in earlier eras, like wagon wheels or washboards. "These are the things we now kind of worship," Wing said.

Evoke nostalgia

"Repurposing books honours them."
Meredith Wing, Meredith Wing Design

Books offer relatively inexpensive but powerful design elements of colour, height and shape, while creating a mood and making a statement. MEREDITH WING/MEREDITH WING DESIGN/THE ASSOCIATED PRESS

Bring the drama

But on a practical level, books offer a "relatively inexpensive way to decorate on a large scale," Wing said. She's bought books by the foot, covered them in white paper and created a "minimalist library wall." She's stacked them in non-functioning fireplaces and used them as pedestals for photos. And she's removed dust covers to reveal book spine colours "for dramatic effect."

In Tulsa, Okla., The Tavern restaurant stacked books along a room divider between the dining area and bar in a coloured geometric pattern. The pattern echoed the art deco architecture Tulsa is famous for.

Get horizontal

And it's a technique that's easily adapted in home decor: Instead of lining books up vertically, break them up with horizontal stacks. You can arrange them by size and colour, or keep them organized by topic. But use some of the horizontal stacks to display "accessories, photos or travel knick-knacks," advised Liz Toombs, an interior decorator.

Buy books by the bin

For a "stylized look," Toombs buys old book collections at estate sales. "If they have that worn patina, it's more interesting," said Toombs, who keeps a set of old black-bound encyclopedias in her office at Polka Dots & Rosebuds in Lexington, Ky. Sometimes she turns a book on a shelf around so that the pages, not the spine, face out, to add "a little funky spin to it."

Meridith Baer buys old books by the bin for her work at Meridith Baer Home, a home-staging company. She covers the books individually in solid-colour butcher or craft paper — or sometimes even old architectural house-plans — then arranges them in various ways. If there's an art book she loves, "I leave it on the coffee table open to that page."

Solomon, the Texas designer, also likes displaying individual art books. "We have every art book that ever was," said Solomon. "My wife will pick her favourite artist of the month, put that book out on display, create a dinner and have friends over for Picasso night."

Do judge a book by its cover

And don't be afraid to judge a book by its cover. "Book covers are some of the best art ever done," said Solomon. You can even digitally scan a book cover and have it printed in a variety of materials — aluminum or canvas for example — in any size to hang on a wall.

Ron Marvin, a New York-based interior designer, uses stacks of books to create "little moments."

"I'll stack four or five books on a cocktail table and put a vase on top," he said. "I have an antique chair I didn't want anybody sitting in. I put a stack of books in the chair and on top of that a glass bowl and it looks like a little sculpture. It's a moment. But it also says, 'Please don't sit here.'"

In his office, he stacks his collection of design books horizontally by colour and size, largest to smallest, creating little pyramids.

Stack 'em as side tables

On Pinterest and other sites, you can find photos of furniture made from books — including a much-posted picture of a bed that doesn't look very comfortable (imagine sleeping on a mattress of books!). But Marvin has made more practical furniture from stacks of books, including a nightstand next to a bed and a side table next to a low chair.

THE ASSOCIATED PRESS

Books arranged for a bold, minimalist, contemporary visual effect. MEREDITH WING/MEREDITH WING DESIGN/THE ASSOCIATED PRESS

Inspiration

A solid wall of 4,000 paperback romance novels spell out the word "Forever" in an art installation by John Salvest.

A room divider between the bar and restaurant in The Tavern in Tulsa, Okla. PHOTOS: BETH J. HARPAZ/THE ASSOCIATED PRESS

4 SPORTS

Curling

Arsenault upsets Jones, Homan

Manitoba's Jennifer Jones was due for a clunker. It finally happened Wednesday morning at the Scotties Tournament of Hearts.

Jones shot just 69 per cent and made some uncharacteristic errors in a 9-6 loss to Nova Scotia's Mary-Anne Arsenault at Mosaic Place. It was her first defeat of the competition and ended a run of 23 straight round-robin victories at this event.

Alberta's Val Sweeting was the lone unbeaten rink at 7-0 after 12 draws of play. She beat Quebec's Lauren Mann 8-6.

Jones, the reigning Olympic champion, was in second place at 6-1.

Arsenault improved to 4-5 later in the day with 7-6 win over Homan, who fell into a third-place tie with Saskatchewan's Stefanie Lawton at 5-2.

THE CANADIAN PRESS

UFC

MacDonald to fight Lawler for welterweight title

Canadian Rory MacDonald will fight UFC welterweight champion Robbie Lawler on July 11 in Las Vegas.

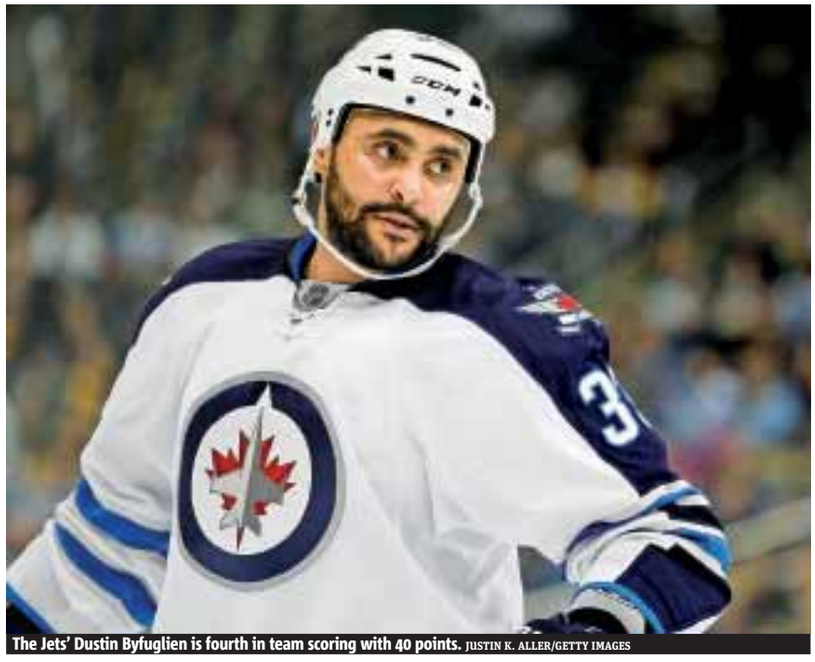
MacDonald had been due to meet Hector Lombard at UFC 186 in Montreal in April, but that fight was dropped after Lombard tested positive for steroids.

The MacDonald-Lawler title fight will be the co-main event of UFC 189. The main event pits featherweight champion Jose Aldo against rising Irish star Conor McGregor.

THE CANADIAN PRESS

Big Buff to the Jets' rescue once again

NHL. In wake of Perreault sustaining a 'significant' injury, Byfuglien could move up to forward



The Jets' Dustin Byfuglien is fourth in team scoring with 40 points. JUSTIN K. ALLER/GETTY IMAGES

Dustin Byfuglien could once again show why he's worth his weight in gold for the Winnipeg Jets.

Byfuglien was moved to forward for Wednesday's practice because Mathieu Perreault was placed on injured reserve with a "significant" lower-body injury that might keep him out for the remainder of the regular season.

"We have a huge advantage, literally and figuratively, that Dustin Byfuglien can transition up front and then be a powerful force," Jets coach Paul Maurice said.

Byfuglien practised on the second line with Michael Frolik and centre Mark Scheifele before the Jets flew to Washington for Thursday's game against the Capitals (31-17-10).

Winnipeg (30-19-10) holds the first wild-card spot in the Western Conference with 70 points, four ahead of San Jose before Wednesday's NHL action. The Jets are also four points back of third-place Chicago in the Central Division.

Perreault left Winnipeg's 5-4 shootout win over the Edmonton Oilers on Monday after being hit into the boards by defenceman Jeff Petry. He was later seen wearing a walking boot on his left foot.

"We would be hopeful that he'll return by the end of the regular season. If he does, it won't be much sooner than that," Maurice said.

Perreault is fifth in team scoring with 36 points, including 18 goals, in 56 games. He scored four of those goals in an 8-2 victory over Florida on Jan. 13.

Forward Drew Stafford, acquired in a trade with Buffalo last week, also exited Monday's game with an upper-body injury and is listed as day-to-day.

Maurice said Stafford will take the morning skate on Thursday, while forward Carl Klingberg, who was called up from the St. John's IceCaps, will meet the team in Washington.

Quoted

"He's the reason that I think that we've handled our adversity so well on our injuries."

Jets head coach Paul Maurice on Dustin Byfuglien

After that skate, Maurice said he'll know his lineup.

What he does know is that Byfuglien has taken his hybrid role in stride.

"When I talked to him today, he didn't even joke around," Maurice said. "He said, 'Whatever you need.' And he's willing to do that and you see it in his play. There's no drop-off.

"He'd prefer to play defence, but he goes out and competes as hard and he's trying to win hockey games and he's been a great, great leader in our room." THE CANADIAN PRESS

UNIVERSITY OF WINNIPEG
WESMEN
Thank You
to all of our sponsors!
BASKETBALL • VOLLEYBALL • BASEBALL • SOCCER • WRESTLING • WESMEN.CA

Bombers fans, get ready for a nice change

Bombers quarterback Drew Willy is likely to celebrate the additions of Stanley Bryant and Mark Dile to Winnipeg's offensive line for the 2015 season. DEREK LEUNG/GETTY IMAGES

VIEW FROM THE 300S
Andrew 'Hustler' Paterson
winnipeg@metronews.ca

This year looks to be a pivotal one for the Winnipeg Blue Bombers as the team prepares to host the Grey Cup in November.

Since losing to the B.C. Lions in the 2011 Grey Cup, it has been three long seasons of turmoil, turnover and playoff-free Novembers for the Bombers and their fans.

But this year feels different.

The organization is headed in the right direction with some much needed stability in the front office.

There is a legitimate sense of optimism around the club this off-season, especially after the splash Kyle Walters and the Bombers made in free agency last week.

Walters was prepared and focused on the beginning of the free-agency period to make big changes to the roster and improve the team.

In signing coveted offensive linemen Stanley Bryant and Mark Dile, along with centre Dominic Picard earlier, Walters addressed the team's biggest weakness from 2014 and turned that into a strength.

Keeping Drew Willy upright and healthy is paramount to any on-field improvement for the club. No one can be happier than the Bombers' quarterback with the new beef added to the Winnipeg offensive line.

Next up for Walters is preparing for the 2015 CFL draft, where the team holds three of the top 15 selections in a deep draft of CFL prospects.

Another person who deserves credit this week is Blue Bombers CEO Wade Miller.

Since Miller took over the reins of the organization, there has been a lot of hard work done to improve the game-day experience. The addition of the tailgate area at Investors Group Field as well as the postgame on-field access for fans have made Blue Bomber games a much more festive atmosphere — win or lose.

Expect that game-day atmosphere to peak Saturday, Sept. 12 at IGF. Moving the annual Banjo Bowl against the Saskatchewan Roughriders to Saturday evening at 5:30 p.m. from Sunday afternoon is a masterstroke for Miller but in many ways a no-brainer.

It never made sense to me to have the Banjo Bowl on Sunday. By moving the game to Saturday, Miller has set things up to match the excitement and fanfare of Labour Day weekend in Regina — a celebration of the CFL's best rivalry.

Expect more visiting fans and more money spent at the game, as well as a boost for local bars, restaurants and hotels. Never mind going up against the first week of NFL, magnetizing football fans who love both leagues (and every one of those who plays fantasy football).

Bomber fans have got good reason to look forward to the upcoming season, and that is a nice change around here.

YOU DON'T NEED A TICKET
TO FEEL THE
ROAR OF THE CROWD
GIANT HD SCREENS
FOR BIG GAME ENTERTAINMENT
Great Prizes | Food and Beverage Specials | Happy Hour
UPPERDECK
SPORTS BAR
McPHILLIPS STATION
CASINO
484 McPhillips Street Winnipeg, MB
Visit mcphillipsstation.com/upperdecksportsbar for details.
Casino patrons must be 18 years of age or older. Photo ID may be required.
MANITOBA
LIQUOR & LOTTERIES
CASINOSOFWINNIPEG.COM

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Avoid extremes today. Mercury's link to Saturn means you need to stay on good terms with everyone, especially people in positions of power.

♉ Taurus
April 21 - May 21
This is a good day for thinking but not such a good day for making decisions. Whatever you decide over the next 24 hours you are likely to have second thoughts about.

♊ Gemini
May 22 - June 21
You are looking for excuses to avoid something that must be done. But you you made an agreement that you must keep.

♋ Cancer
June 22 - July 23
The planets suggest you will say something shocking today, just for the fun of it. It may be amusing to you but others won't be so happy about it and your reputation could suffer.

♌ Leo
July 24 - Aug. 23
It may be that what a friend or family member has to tell you has some value in it, but what does your inner voice say? You are reluctant to trust your instincts but, ultimately, you can't trust anything else.

♍ Virgo
Aug. 24 - Sept. 23
You may disagree with someone's opinions today but you would still be wise to listen. It could be they know something that you don't.

♎ Libra
Sept. 24 - Oct. 23
Something you are told may not ring true but don't dismiss it. Conversely, something else you are told may seem obvious but don't just accept it. The only thing you can be sure of today is that nothing is for certain.

♏ Scorpio
Oct. 24 - Nov. 22
Even if you strongly disagree with what someone is doing you are advised not to make a big deal of it. They may want to draw attention to themselves.

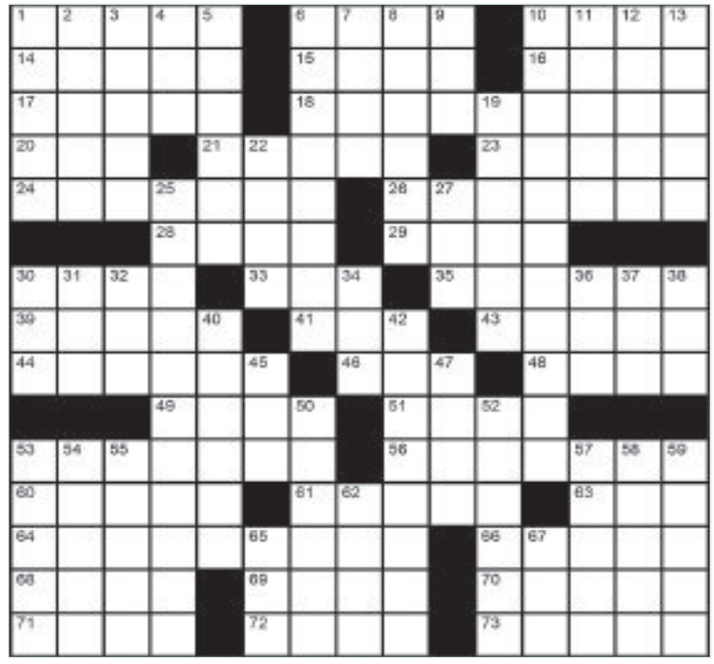
♐ Sagittarius
Nov. 23 - Dec. 21
Social activities will be fun over the next few days but you will spend too much money. If you have to go cap in hand to a loved one for a loan later expect them to want something back.

♑ Capricorn
Dec. 22 - Jan. 20
Someone you live or work with will tell you something you don't want to hear. You know it's true so swallow your pride and act on the information.

♒ Aquarius
Jan. 21 - Feb. 19
Be careful what you wish for over the next 24 hours because you may decide later that you don't want what you wished for. But you won't be allowed to change your mind.

♓ Pisces
Feb. 20 - March 20
If you are asked to give more than you think is fair today, speak up about. If it means you fall out with someone, so be it.

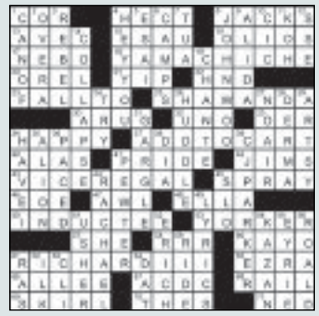
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Better skilled
6. Honey
10. Hurricane Katrina org.
14. Offence
15. In an unwell way, say
16. The Good Earth heroine
17. Accumulate a restaurant tab: 2 wds.
18. British Columbia village in the Robson Valley
20. Shiba __ (Dog breed of Japan)
21. 1987 Heart hit
23. Confuse things
24. Secret agent's file
26. Wheeled stretchers
28. Camaro model, __-Z
29. Ms. Falco
30. Laze
33. Beak
35. Ms. Lauder's
39. Egyptian city
41. "Spider!"
43. Birthdays: "Make _ __!"
44. Spanish wine
46. Particular pronoun
48. Single occurrence
49. "Wait just _ __!"
51. Attire
53. Endurance
56. Creamy carnivorous dish, Chicken _ __ __
60. Phantom's instrument
61. Not as well-done, as steak
63. Grandmother's nickname
64. Quebec City's former NHL team
66. Japan's city of canals
68. Movie-__
69. Dilbert comics intern
70. Musical group of nine
71. Dagger
72. TV brand
73. Garden huts

Down
1. Bitter
2. Keyboard playing student in "Fame" (1980)
3. Blanket-carrying Peanuts character
4. Australia's coat of arms animal
5. Mend
6. Montreal-born actress Norma Shearer won the Best Actress Oscar for her performance in "The __" (1930)
7. Panache
8. Declare in a motion
9. Loaf selection
10. "Chopped Canada" airer: 2 wds.
11. Dodge
12. Macho
13. Poker stakes
19. Oscar-winning actress Ms. Tomei
22. Singer/guitarist Mr. Redbone
25. Film for which Toronto-born actor Walter Huston won a Best Supporting Actor Oscar, "The Treasure of the __ __" (1948)
27. Ulan-__, city in Russia
30. 'Electron' suffix
31. "Lah-di-__!"
32. Whopper
34. Jay Z's wife, to pals
36. German article
37. Keyboard key
38. "__-Devil" (1989)
40. Noble family of Italy
42. Canadian singers/identical twin brothers, Ryan and Dan __
45. Currency in Japan
47. River to the Ubangi
50. Opera tenor, Enrico __ (b.1873 - d.1921)
52. Mr. Eckhart's
53. Ranked-things on Billboard
54. Royal __ Golf Club, in Scotland
55. Concur
57. Ludicrous
58. "The __ Chef" (Jamie Oliver's old cooking show)
59. Teeny biting flies
62. "__ Flux" (2005)
65. '_' __ in Quesnel
67. Note before Lah

Yesterday's Crossword

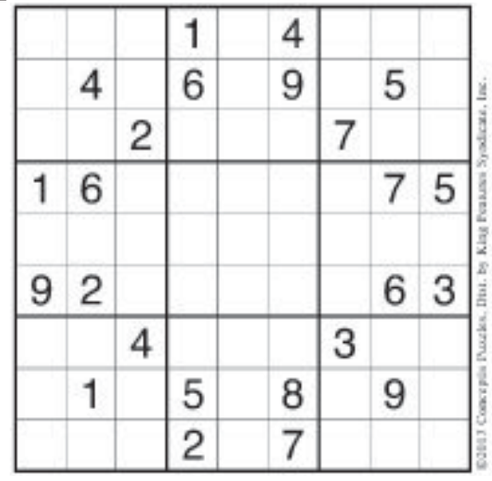


Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Yesterday's Sudoku

5	3	8	7	9	6	4	2	1
9	7	1	2	4	8	3	6	5
2	6	4	3	5	1	9	7	8
6	5	2	1	8	4	7	3	9
1	4	3	9	6	7	5	8	2
7	8	9	5	2	3	6	1	4
3	9	7	4	1	2	8	5	6
4	1	6	8	3	5	2	9	7
8	2	5	6	7	9	1	4	3

CARSTAR on Fife..... 632-7712
CARSTAR on Henderson..... 338-1551
CARSTAR on Saskatchewan..... 837-2399
CARSTAR on Chevrier 475-7193
CARSTAR in Stonewall..... 467-4329

NEW LOCATION!

CARSTAR Collision & Glass Service

*Airmiles® reward miles not applicable on MPI claims.

where accidents unhappen.®

CARSTAR Collision & Glass Service

$27,000 A Year in Cash-Flow from a $110K Florida Property?

Canadians just like you can acquire properties in Florida, Texas, North Carolina and Arizona through a new, little-known investment fund that will finance your income property up to 95%...

Are you free? Financially free?

Can you wake up when you want? Afford whatever you want whenever you want?

How would you, as a Canadian, like to own multiple income generating properties making you THOUSANDS in US dollars — each and every month — all backed by the US government?

Real estate has made more millionaires than anything other wealth creation channel on the planet and it's not taught in school.

You don't need perfect credit and it takes less money than you think in US real estate to be FREE. I'd like to teach you EXACTLY how it's done.

I used this same system to turn my life around when the economy crashed. My life was in ruins, I was recently divorced, I owed money to everyone, and I was miserable. I turned it all around and so can you, using my simple step-by-step system.

I created a paint-by-numbers system that ANYONE can follow, and using this system you will find large cash-flow, below-market price properties. Once you find these income properties, you can then use the new little known investment fund to snatch them up and make them yours for continual monthly cash flow.

I have designed a special 2-hour workshop just for you. During this exclusive workshop you will discover:

- How Canadians can buy properties in Las Vegas, Florida, California and Arizona... as well as other hot areas
- How to close your first deal within weeks of attending this FREE training
- How to are acquiring properties BELOW wholesale — vacation properties, fix and flips, rental units and more. It's time for you to cash-in on the U.S. Market!
- And best of all — how to get up to 95% financing for your income properties!

Already own income properties? Now it's time for you to acquire your first Multi-Family or Commercial property... from my simple system.

I've now taught thousands of Canadians, just like you, to be very wealthy using US cash flowing properties in great areas like Florida, Texas and Arizona. Isn't it your turn?

95% FINANCING for your income property

FREE eBook when you Register Now!

YOU Can WIN a Trip For 2 To Disney World in Sunny Orlando Florida!

3 Days / 2 Nights when you attend!

Claim your seat now for this exclusive event and get OUT of the RAT RACE FOREVER.

Presented by at Will Events

HERE'S WHAT YOUR MISSING IF YOU DON'T ACT NOW!

ONLY $110K INVESTED IN THIS FLORIDA DUPLEX

ONLY $143K INVESTED IN THIS 4 UNIT N. CAROLINA QUADPLEX

ONLY $389K INVESTED IN THIS 18 UNIT TEXAS APARTMENT

BRING THIS AD TO THE EVENT TO GET YOUR FUNDING QUALIFICATION CERTIFICATE

ATTEND THIS FREE SEMINAR and learn how to create instant cash flow

MONDAY, FEBRUARY 23
at 12 pm or 7 pm
Delta Winnipeg
350 St. Mary Avenue, Winnipeg

TUESDAY, FEBRUARY 24
at 12 pm or 7 pm
Four Points By Sheraton Airport
1999 Wellington Avenue, Winnipeg

WEDNESDAY, FEBRUARY 25
at 12 pm or 7 pm
Holiday Inn Winnipeg South
1330 Pembina Highway, Winnipeg

Register Now, Call Toll Free 1-844-685-3254
or go to: **www.PassiveWealthEvent.ca**

© 2015 At Will Events. All Rights Reserved. No properties will be offered at seminar. Seminar is for education purposes only. Disney is not affiliated with this event in anyway.